

# Tallawong News



## Tallawong Park Little Athletics Newsletter

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### Presidents Message

Welcome to the 2014—2015 season at Tallawong Park Little As and to our first newsletter. The season has started well with roughly the same amount of athletes registered as last year. We have moved back to a 2 week program that seems to be working well. We are finishing the night later but we ask for your patience as the nights will quicken up as the season progresses. Welcome to all the new families that have joined us this year I'm sure you will enjoy the season. If you have any questions please ask your child's age manager or a committee member in a blue shirt.

### Prospect Tallawong Park Inter Club Challenge

This year the Challenge is being held at Prospect's grounds and it is the first time that we get to defend the trophy. The day is about club spirit and competing as a team. I encourage everyone attending on the day to dress in our club colours blue and gold bring streamers, balloons or anything else that will show your support for the club. Cheer loudly for Tallawong Park Athletes and above all enjoy the day. Good luck to all the athletes and remember its not always about coming first but about trying and even 1 point may make the difference.

## GO TALLAWONG!!



Brayden Findlay and Connie Bunting with the Inter Club Trophy 2013



Tallawong Park Little A's is celebrating Halloween on Friday 31st of October.

Still come along in your club uniform but you can wear a costume over the top or paint your face or wear a mask or hat to scare your age manager.

We don't want tricks but there will be treats.

Gold coin donation required on the night.



Tallawong Park Little Athletics Club will be entering a team in to this years Relay For Life. The event is run by the Cancer Council and all funds raised go back to the Cancer Council. The day starts with a survivors walk that celebrates those people that have survived cancer. There are stalls, shows and entertainment throughout the day ending in a hope ceremony and fire-works display.

Details **Date:** Saturday October 25, 2014

**Time:** All day Saturday from 10.00am

**Address:** Blacktown International Sports Park Eastern Road Rooty Hill

Come along and support the team and enjoy the activities for all the family. For more information speak to Brad or Kane or go to [www.relayforlife.org.au](http://www.relayforlife.org.au) to read up on the history of the relay and or join our team.

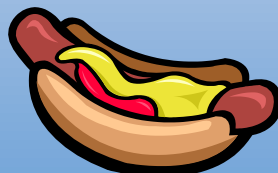
## MOVEMBER

In November this year you may see some funny looking faces on Tallawong Park men.

The men from Tallawong Park will be growing Mo's to raise awareness and to change men's health.

You can join our team by going to [www.au.movember.com](http://www.au.movember.com) and follow the links to Tallawong Parks team.

We will be doing a fund raiser at the ground on November 28th selling hot dogs instead of the normal BBQ.





## UNIFORMS

Jetstar are the new sponsors of Little Athletics. New patches have arrived and been given to athletes from 7 years to 17 years. If you have not received a patch please ask your age manager for one.

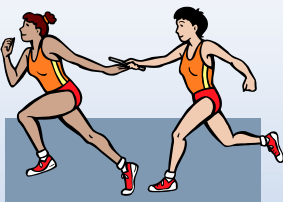
IGA patches need to be removed and the Jetstar patch attached to the uniform.

Athletes are reminded that full uniform must be worn on Friday nights. It is very important that you have this years registration number on the front of the uniform so that we can identify you.

This year we have jackets available for athletes and parents. The first order has now arrived so you can see how great they look. Please see Norma in the canteen if you would like to order one.



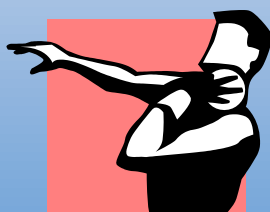
## State Relays



State relay teams are being finalised this week. A note will go home this week with the athletes chosen to represent Tallawong Park. You will notice the teams training on Friday afternoons before the night starts.

State Relay Championships will be held on the 22 –23 November at Sydney Olympic Park Athletics Centre, Homebush.

## Zone Carnival



This years zone carnival will be held on December 12, 13 & 14 at Blacktown International Sports Park. We will be collecting entries very soon and encourage all athletes to enter with zero entry fee.





## Tallawong Golf Day

An open invitation to all the Tiger Woods and Adam Scotts (and for anyone that cant play). Our annual Tallawong Park Golf Day is coming. It's a non-serious fun day for all to enjoy.

**When:** November 30th

**Where:** Fox Hills Golf Course.

Keep this day free with more information in the coming weeks.



[www.tallawongparkla.org.au](http://www.tallawongparkla.org.au)

On our web site you'll find all the information you need to know about Little Athletics and our Club. You'll find results from Friday night competitions, upcoming events as well as coaching tips.

Another great way to stay in touch of the latest information is to join our Facebook page.



## Dates for your Calendar

**October 25** Relay for Life

**October 31** Halloween Celebration

**November 22 & 23** State Relays

**November 28** Movember Hot Dog Night

**November 30** Annual Golf Day

**December 10** Tallawong Lapathon

**December 12, 13 & 14** Zone Carnival

**December 19** Tallawong Christmas Night

**January 16** Little Athletics returns

**February 20, 21 & 22** Regional Carnival

**March 1** Tallawong Championship Day

**May 2** AGM and Presentation Night

Respect the decisions made by officials. Children learn to respect authority by seeing you do the same.